# चन्द्रपुर नगरपालिका नगरकार्यपालिकाको कार्यालय, चन्द्रनिगाहपुर रौतहट । प्राविधिक सहायकको पाठ्यक्रम

# (क) सेवा सम्बन्धी

खण्ड १ प्रशासनिक कार्य सम्बन्धी

- १. रोजगारीको हक सम्बन्धी ऐन, २०७५ र रोजगारीको हक सम्बन्धी नियमावली, २०७५,
- २. प्रधानमन्त्री रोजगार कार्यक्रम संचालन निर्देशिका, २०७५, कामका लागि पारिश्रमिकमा आधारित सामुदायिक आयोजना सञ्चालन तथा व्यवस्थापन कार्यविधि, २०७६ र युवा रोजगारीका लागग रुपान्तरण पहल आयोजना (संचालन तथा व्यवस्थापन (कार्यविधि, २०७६,
- 3. कामका लागग पाररश्रगमक )Cash for Work) को अवधारणा,
- 4. स्थानीय तहको बजेट तर्जुमा प्रकृया, खर्च व्यवस्थापन र लेखा परीक्षण तथा गुनासो व्यवस्थापन,
- 5. सामाजिक परिचालन, सार्वजनिक सुनुवाइ, सामाजिक लेखापरीक्षण तथा गुनासो व्यवस्थापन, र
- ६. आचरण तथा अनुशासन र सुशासन।

खण्ड २ प्राविधिक कार्य सम्बन्धी

- स्थानीय सेवाको इन्जिनियरिङ् सेवा, सिभिल समूह पाँचौ तह सबइजन्जगनयर पदको लोकसेवा- आयोगले निर्धारण गरेको देहाय बमोजिमको पाठ्यक्रमका विषयवस्तुहरुः
- 1. Surveying
  - 1.1 General
    - 1.1.1 Principle and types of surveying
    - 1.1.2 Units, scales and maps
    - 1.1.3 Field books and Level books
  - 1.2 Levelling
    - 1.2.1 Principles and methods of levelling
    - 1.2.2 Levelling instruments and accessories
  - 1.3 Plane Tabling
    - 1.3.1 Equipments required
    - 1.3.2 Methods of plane tabling
    - 1.3.3 Two and three point problems
  - 1.4 Theodolite and Traverse surveying
    - 1.4.1 Basic difference between different theodolites
    - 1.4.2 Temporary adjustments of theodolites
    - 1.4.3 Fundamental lines and desired relations
    - 1.4.4 Tacheometry: stadia method
    - 1.4.5 Trigonometrical levelling

- 1.4.6 Checks in closed traverse
- 1.5 Contouring
  - 1.5.1 Characteristics of contour lines
  - 1.5.2 Method of locating contours
  - 1.5.3 Contour plotting
- 1.6 Setting Out: Small buildings and Simple curves
- 2. Construction Materials
  - 2.1 Stone
    - 2.1.1 Formation and availability of stones in Nepal
    - 2.1.2 Methods of laying and construction with various stones
  - 2.2 Cement
    - 2.2.1 Different cements: Ingredients, properties and manufacture
    - 2.2.2 Storage and transport
    - 2.2.3 Admixtures
  - 2.3 Clay and Clay Products
    - 2.3.1 Brick: type, manufacture, laying, bonds
  - 2.4 Paints and Varnishes: Type and selection; preparation techniques and use
  - 2.5 Bitumen: Type, selection and use
- 3. Mechanics of Materials and Structures
  - 3.1 Mechanics of Materials
    - 3.1.1 Internal effects of loading
    - 3.1.2 Ultimate strength and working stress of materials
  - 3.2 Mechanics of Beams
    - 3.2.1 Relation between shear force and bending moment
    - 3.2.2 Shear and bending moment diagrams for statically determinate beams under various types of loading
- 3.3 Simple Strut Theory
- 4. Hydraulics
  - 4.1 General
    - 4.1.1 Properties of fluid: mass, weight, specific weight, density, specific volume, specific gravity, viscosity
    - 4.1.2 Pressure and Pascal's law
  - 4.2 Hydro-Kinematics and Hydro-Dynamics
    - 4.2.1 Energy of flowing liquid: elevation energy, Kinetic energy, potential energy, internal energy
  - 4.3 Measurement of Discharge
    - 4.3.1 Weirs and notches
    - 4.3.2 Discharge formulas
  - 4.4 Flows: Characteristics of pipe flow and open channel flow
- 5. Soil Mechanics
  - 5.1 General
    - 5.1.1 Soil types and classification

- 5.1.2 Three phase system of soil
- 5.1.3 Unit Weight of soil mass: bulk density, saturated density, submerged density and dry density
- 5.1.4 Interrelationship between specific gravity, void ratio, porosity, degree of saturation, percentage of air voids air content and density index
- 5.2 Soil Water Relation
  - 5.2.1 Terzaghi's principle of effective stress
  - 5.2.2 Darcy's law
  - 5.2.3 Factors affecting permeability
- 5.3 Compaction of soil
  - 5.3.1 Factors affecting soil compaction
  - 5.3.2 Optimum moisture content
  - 5.3.3 Relation between dry density and moisture content
- 5.4 Shear Strength of Soils
  - 5.4.1 Mohr-Coulomb failure theory
  - 5.4.2 Cohesion and angle of internal friction
- 5.5 Earth Pressures
  - 5.5.1 Active and passive earth pressures
  - 5.5.2 Lateral earth pressure theory
  - 5.5.3 Rankine's earth pressure theory
- 5.6 Foundation Engineering
  - 5.6.1 Terzaghi's general bearing capacity formulas and their application
- 6. Structures
  - 6.1 R.C. Sections in Bending
    - 6.1.1 Under reinforced, over reinforced and balanced sections
    - 6.1.2 Analysis of single and double reinforced rectangular sections
  - 6.2 Shear and Bond for R.C. Sections
    - 6.2.1 Shear resistance of a R.C. section
    - 6.2.2 Types of Shear reinforcement and their design
    - 6.2.3 Determination of anchorage length
  - 6.3 Design and Working System of R.C. Structures
    - 6.4.1 Singly and doubly reinforced rectangular beams
    - 6.4.2 Simple one-way and two-way slabs
    - 6.4.3 Axially loaded short and long columns
- 7. Building Construction Technology
  - 7.1 Foundations
    - 7.1.1 Subsoil exploration
    - 7.1.2 Type and suitability of different foundations: Shallow, deep
    - 7.1.3 Shoring and dewatering
    - 7.1.4 Design of simple brick or stone masonry foundations
  - 7.2 Walls
    - 7.2.1 Type and thickness of walls

- 7.2.2 Use of scaffolding
- 7.3 Damp Proofing
  - 7.3.1 Source of Dampness
  - 7.3.2 Remedial measures for damp proofing
- 7.4 Concrete Technology
  - 7.4.1 Constituents of cement concrete
  - 7.4.2 Grading of aggregates
  - 7.4.3 Concrete mixes
  - 7.4.4 Water cement ratio
  - 7.4.5 Factors affecting strength of concrete
  - 7.4.6 Form work 7.4.7 Curing 7.5 Wood work
  - 7.5.1 Frame and shutters of door and window
  - 7.5.2 Timber construction of upper floors
  - 7.5.3 Design and construction of stairs
- 7.6 Flooring and Finishing
  - 7.6.1 Floor finishes: brick, concrete, flagstone
  - 7.6.2 Plastering
- 8. Water Supply and Sanitation Engineering
  - 8.1 General 8.1.1 Objectives of water supply system
  - 8.1.2 Source of water and its selection: gravity and artisan springs, shallow and deep wells; infiltration galleries
  - 8.2 Gravity Water Supply System
    - 8.2.1 Design period
    - 8.2.2 Determination of daily water demand
    - 8.2.3 Determination of storage tank capacity
    - 8.2.4 Selection of pipe
    - 8.2.5 Pipe line design and hydraulic grade line
  - 8.3 Design of Sewer
  - 8.3.1 Quantity of sanitary sewage
  - 8.3.2 Maximum, Minimum and self cleaning velocity
  - 8.4 Excreta Disposal and Unsewered Area
    - 8.4.1 Pit latrine
    - 8.4.2 Design of septic tank
- 9 . Irrigation Engineering
  - 9.1 General
    - 9.1.1 Need for irrigation; advantages of irrigation
    - 9.1.2 Sources of irrigation: water, river & streams, ground water and others
    - 9.1.3 Methods of irrigation: surface, sub-surface and others
  - 9.2 Irrigation Water Requirement
    - 9.2.1 Crop season, principal crops, and crop water requirements
    - 9.2.2 Base period & duty
  - 9.3 Irrigation Canals

- 9.3.1 Canal losses and their minimization
- 9.3.2 Irrigation requirements and design discharge of canal permissible velocities for different canals
- 9.3.3 Design of canal based on Manning's & Lacey's formulae
- 9.3.4 Need and location of escapes
- 9.3.5 Components of distribution system

### 10. Highway Engineering

- 10.1 General
  - 10.1.1 Introduction to transportation systems
  - 10.1.2 Historic development of roads
  - 10.1.3 Classification of road in Nepal
  - 10.1.4 Basic requirements of road alignment
- 10.2 Geometric Design
  - 10.2.1 Basic design control and criteria for design
  - 10.2.2 Elements of cross section, typical cross-section for all roads in filling and cutting
  - 10.2.3 Camber 10.2.4 Determination of radius of horizontal curves
  - 10.2.5 Superlevation
  - 10.2.6 Sight distances
  - 10.2.7 Gradient
  - 10.2.8 Use of Nepal Road Standardand subsequent revision in road design
- 10.3 Drainage System
  - 10.3.1 Importance of drainage system and requirements of a good drainage system
- 10.4 Road Pavement: Pavement structure and its components: subgrade, sub-base, base and surface courses
- 10.5 Road Machineries
  - 10.5.1 Earth moving and compacting machines
- 10.6 Road Construction Technology
- 10.7 Bridge: T-beam bride and Timber bridges
- 10.8 Road Maintenance and Repair: Type of maintenance works
- 10.9 Tracks and Trails
- 10.10 Airport Engineering: Planning and layout of Heliports; Terminal Building and Control Tower; Drainage System for Airports
- 11. EstimatingandCosting11.1 General
  - 11.1.1 Main items of work
    - 11.1.2 Units of measurement and payment of various items of work and material
    - 11.1.3 Standard estimate formats of government offices
  - 11.2 Rate Analysis
    - 11.2.1 Basic general knowledge on the use of rate analysis norms prepared by Ministry of Works and Transport and the district rates prescribed by district development committee
  - 11.3 Specifications
    - 11.3.1 Interpretation of specifications

#### 11.4 Valuation

- 11.4.1 Methods of valuation
- 11.4.2 Basic general knowledge of standard formats used by commercial banks and NIDC for valuation

#### 12. Construction Management

- 12.1 Organization
  - 12.1.1 Need for organization
  - 12.1.2 Responsibilities of a civil Sub- engineer
  - 12.1.3 Relation between Owner, Contractor and Engineer

## 12.2 Site Management

- 12.2.1 Preparation of site plan
- 12.2.2 Organizing labor
- 12.2.3 Measures to improve labor efficiency
- 12.2.4 Accident prevention

#### 12.3 Procurement and Contract Procedure

- 12.3.1 Contracts and its types
- 12.3.2 Departmental works and day-work
- 12.3.3 Preparation of tender document
- 12.3.4 Tender procedure
- 12.3.5 Contract agreement
- 12.3.6 Conditions of contract
- 12.3.7 Construction supervision

#### 12.4 Accounts

- 12.4.1 Administrative approval and technical sanction
- 12.4.2 Familiarity with standard account keeping formats used in governmental organizations
- 12.4.3 Muster roll
- 12.4.4 Completion report

#### 12.5 Planning and Control

- 12.5.1 Construction schedule
- 12.5.2 Equipment and materials schedule
- 12.5.3 Construction stages and operations
- 12.5.4 Bar chart

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- 1. Computer fundamental
- 2. Operating System
- 3. Word processing
- 4. Electronic spreadsheet
- 5. Database management system
- 6. Presentation system